



Songs of Spirit

LIVE SOUND HEALINGS

Recorded in live healing settings, the CD is designed to guide you into a deeply meditative state and release what no longer serves your soul's journey. An hour in length, the music is gentle, yet very effective in helping even dark energies to release. Songs invite Nature to work with your healing angels to clear your aura and home or office. Deeply transformative energies abound in the soundscapes that are created by these songs, transmitted from spirit through Norma.

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| 1. O Creation of God** (2:43) | 11. Sorrow Listening (2:10) |
| 2. The 3 Beauties Create a Sacred Sphere (4:29) | 12. Understanding (1:22) |
| 3. A Wafting Breeze of Freedom (3:54) | 13. Replenish (5:22) |
| 4. O Blessed Child* (1:45) | 14. O Beloved One (2:28) |
| 5. Lamentation (2:33) | 15. O Rubor Sanguinis* (1:48) |
| 6. Breathe (2:33) | 16. A Dark Angel Ascends (6:46) |
| 7. Sacred Passing from Earth (3:15) | 17. Breathless Wonderment (3:06) |
| 8. Rest after Passage from Earth (1:34) | 18. O Wonder of Such Wonder** (2:27) |
| 9. Ask and Receive (1:14) | 19. Awakening Touch (3:59) |
| 10. Touching Hands (1:54) | 20. A Lullaby, with Gratitude (3:51) |

Total Time: 59 minutes

*composed by Hildegard of Bingen (1098-1179)

**text by Hildegard, music by Norma

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SONGS OF SPIRIT * NORMA GENTILE

LIVE SOUND HEALINGS

Songs of Spirit



Norma Gentile

with Tibetan Singing Bowls, Schrutli Box,
Guitar, Tibetan Flute, and Voice

SOPRANO * SOUND SHAMAN